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Call today to learn more about our in-home nutritional therapy! Introducing (Company Name) Enteral & Total Parenteral Nutrition (TPN) Program



As an enteral or total parenteral nutrition (TPN) patient at (Company Name), we want to welcome you to our program! Our highly-skilled pharmacists, dietitians, and pharmacy support staff are here for you. You probably have many questions, and we want you to feel safe, comfortable, and cared for while you are on service with us. We believe that home is often the best place for healing, and we are here to help you every step of your nutritional therapy journey.

#### What is enteral nutrition?

Enteral nutrition describes any method of feeding that uses the gastrointestinal (GI) tract to deliver part of or all your caloric needs. When a person has difficulty consuming food due to difficulty swallowing and if the GI tract is working correctly, enteral nutrition may be recommended by your doctor. It can be short or long-term and may be taken orally or given by a feeding tube.

Feeding Methods:

- Bolus (syringe) feeding
- Gravity feeding
- Pump-assisted continuous feeding

### **Enteral Nutrition Facts**

- Feeding tubes are tubes that allow you to feed yourself through your stomach without having to swallow. The tube is inserted through your nose (NG tube or Duo Tube) or through your abdomen (PEG tube, G tube, GJ tube).
- Equipment and supplies may include:
  - Formula: Most formula comes ready to use. Some formula comes in a powder or liquid that vou mix with water.
  - Syringe
  - Feeding adapter tube (if you have a button for long-term enteral nutrition)
  - Feeding pump (if receiving continuous feeding)
  - Formula bag with tubing (if receiving continuous feeding)
  - IV Pole (if receiving gravity feeding)

# How will (Company Name) be a part of my care?

We have a specialized team that will monitor you throughout your time on service with us. We will ask you a series of questions each week about how you are feeling, if you need a refill, do an inventory of your supplies, and if you are having any side effects.

Our first-rate services include a clinical program led by registered dietitians that are designed to make sure you are taking the right formula, along with the correct dosage and frequency of treatment. We will also monitor your nutritional health and how your body is responding to the nutritional therapy.

As an (Company Name) patient, you can keep the provider you know and trust, all while your nutrition and health is closely monitored. We provide 24/7 clinical support, so you can rest assured knowing that if a question does arise, we are here for you. Your doctor will still play a large role in your care.

#### Who can I call if I have a problem or question with my enteral nutrition or TPN?

Please call (000) 000-0000 with any questions. Our services are tailored to each patient, so your care is unique. We are here 24/7 for any urgent medical needs when it comes to your nutrition.

### Where can I find Patient Education Resources?

Please visit our website (website address url) to find additional resources for patients and their caregivers regarding instructions, equipment, emergencies, and medical waste.

Add OR Code to Website or Video

# What is Parenteral Nutrition (PN)?

PN, including Total Parenteral Nutrition (TPN), is ordered for patients that are not able to eat or if their gastrointestinal (GI) tract does not absorb or process food correctly. It is always best to use your gut (GI tract) to obtain nutrition, but when this is not possible, PN will deliver nutrition by a unique liquid mixture given through an IV into a vein. The PN mixture contains protein, sugars, fats, vitamins, minerals, and other nutrients your body needs.

# **TPN Facts**

- TPN is usually given 10 -14 hours a day
- Most TPN patients administer the TPN infusion on a pump at night so the the infusion does not interrupt their day.
- to you rTPN to best meet your nutritional needs.



• TPN is a complex therapy, and will require you to be monitored closely with lab work and for side effects. Our pharmacy and nutrition teams will work closely with your doctor to monitor how you are responding to the TPN. If something is not working, we will work together to make any changes