## WHEN IT IS TIME TO FLUSH YOUR LINE:

- 1. Clean work area and placemat with a disinfectant wipe.
- 2. Gather equipment on placemat. If your medication is refrigerated, remove from refrigerator as instructed on your medication label.
- 3. Wash hands for 20 seconds with soap and water.
- 4. Prepare your flushes by:
  - 1. Holding them upright and removing any air bubbles as instructed by your nurse.
  - 2. Remove cap. Pull down slightly on the plunger then push up until you get a drop of solution at the tip of syringe
  - 3. Place the cap back on the syringe.
- 5. Follow the patient teaching sheet and plan of treatment, located in your patient handbook, to flush your IV catheter.



**BEFORE** you flush your line, remove the green cap and discard. Then, scrub the hub. Be sure to scrub the hub (tip) of the IV catheter for 30 seconds and do not touch IV catheter hub (tip) while allowing it to air dry for 60 seconds.

## **FLUSHING PLACEMAT**

Please call (281) 698-6175 with any questions or concerns. www.memorialhermann.org

## **IMPORTANT**

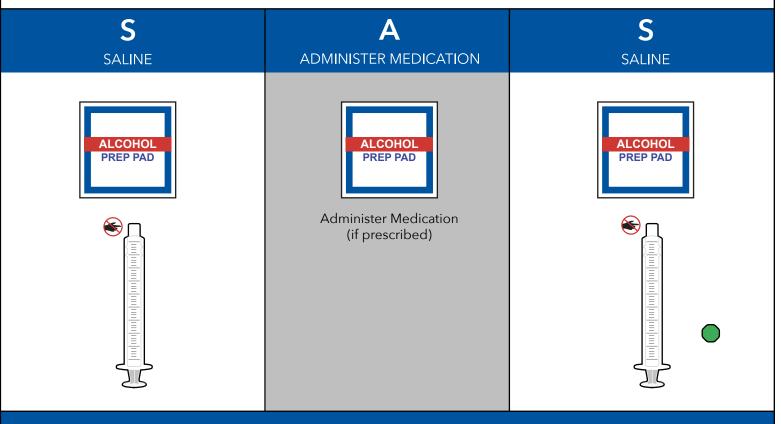
Unused lumens are flushed twice daily with saline.

Be sure to use alternating lumens for each dose.

After the last saline flush, if you have a clamp, close the clamp on your IV line and put on a new green cap.



NEVER TOUCH THE TIP OF ANY SYRINGE. If touched, discard syringe.





Scan to review our comprehensive library of step-by-step infusion videos.